



Michelle Hammer, is a Schizophrenia Activist and spends her time passionately fighting stigma. She is an NYC native and was featured in the WebMD documentary Voices, which was nominated for a Tribeca X Award at the Tribeca Film Festival 2018. Michelle has also been featured in Mashable, The Daily Mail, Stylist, and BuzzFeed to name a few. Michelle was diagnosed with Schizophrenia at 22, after a misdiagnosis of Bipolar at age 18. At 27, Michelle decided to use her artistic talents, and fearless personality to do something that could benefit the mental health community. In May 2015, she founded the company Schizophrenic.NYC, which is a clothing brand with the mission of reducing stigma by starting conversations about mental health.

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MICHELLE HAMMER IS A POWERHOUSE ADVOCATE!

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- 1. EARLY SIGNS OF MENTAL ILLNESS**
- 2. WHY I REFUSED ALL HELP**
- 3. INSIGHT IN MENTAL ILLNESS**
- 4. THE CORRECT DIAGNOSIS**
- 5. COPING SKILLS**
- 6. STARTING MY OWN BUSINESS**
- 7. OVERCOMING SKEPTICS**
- 8. THE STRUGGLE TO END STIGMA**
- 9. THE STRUGGLE TO END STIGMA**
- 10. THE STRUGGLE TO END STIGMA**

MICHELLE IS THE MOST BADASS ADVOCATE THERE IS.

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